

# Back on the Beat



The Police Treatment Centres

Issue 17 Autumn 2021

News from the Police Treatment Centres

## New Wing Honours UK's First Black Police Officer

In September this year the PTC officially opened the new PC John Kent Wing of our Harrogate Centre. Mr Andrew George, President of the National Black Police Association, did the honours of unveiling the plaque to mark the opening of this new extension to our St. Andrews Centre.

The wing has been named in honour of PC John Kent who is credited as being Britain's first Black Police Officer, overcoming discrimination and a hostile environment from both colleagues and the public alike. John Kent passed away in July 1886, paving the way for future generations of Black Police Officers within the Police fraternity and the PTC are proud to name one of its wings after this pioneer in British policing.



The John Kent Wing is part of our new major expansion of the St. Andrews Centre, which sees the creation of a new Centre of Excellence at the Harrogate site. This will focus on supporting the wellbeing of the Police Family, with an expansion to the existing Psychological Wellbeing Programme at the Police Treatment Centres and the start of a strategic partnership between Police Care UK and the PTC.

Together, the charities aim to establish the Centre as a national specialist facility focusing on building resilience to better support the wellbeing of officers and staff and providing access to treatment that reflects the needs of policing, and potentially developing a specific Post Traumatic Stress programme in the future.



## Charity Superdraw Lottery

The Police Treatment Centres

Our PTC lottery continues to go from strength to strength, and while we may not be making millionaires, we are certainly making some people happy each month with the unexpected announcement of a win in our lottery.

We also run two **Superdraws** throughout the year and there is still time to participate in the final Superdraw of 2021 this December. Each Superdraw has a top prize of **£2000**, double our usual monthly top prize, with other cash prizes to be won too. Closing date for entries is 10th December.

Our lottery costs just £1 per entry to play and you can purchase as many entries as you wish to be in with a chance of winning the usual monthly top prize of £1,000.

How to Join:

Online:

[www.thepolicetreatmentcentres.org/fundraising/lottery](http://www.thepolicetreatmentcentres.org/fundraising/lottery)

Phone: Lottery Hotline

03700585957

## Run In The Virtual London Marathon

The PTC were lucky to secure some charity places for this year's **Virtual London Marathon** which will take place on the same day as the 'in-person' Marathon, **Sunday 3rd October**.

This unique event will see 50,000 people take on the marathon distance but on their own course in their local area. Along with the 50,000 participants running the streets of London the runners will make history by creating the World's very first 100,000 person marathon.

Amy Hunter and Hannah Blundell have already chosen to take on the challenge for the PTC and both are well under way with their training and their fundraising.

Amy decided to take on the marathon following an injury on duty in 2012. The PTC supported her recovery and return to work. Amy said "The PTC provide an invaluable service to officers and staff with both physical and mental ill health. It is a pleasure to run for them this year, and to be able to raise valuable funds for their charity."



You too can make history and be a part of this unique event by signing up to take the one remaining PTC charity place. Just take a look at our website to apply now: <https://www.thepolicetreatmentcentres.org/fundraising/VirtualVirginMoneyLondonMarathon>



LONDON MARATHON

## National Recruitment Campaign and Amnesty

The PTC have embarked on a National Recruitment Campaign during the months of September and October this year. The Campaign will encourage all those Serving Officers, Retired Officers, PCSO's, Detention & Custody Officers, and Special Constables who do not currently donate to the PTC to sign-up and become eligible for our free first class services.

The Campaign will be accompanied by an Amnesty from the usual need to donate for 12 months before becoming eligible to apply for treatment and will allow those signing up during the period of the campaign, with an existing injury or condition, to apply for treatment straight away, subject to clinical approval and current waiting times.

Throughout the Campaign period representatives of the charity will be out and about visiting stations to promote our facilities and services. We will also be running a number of virtual information sessions offering virtual tours of each Centre, sessions about our Physiotherapy and Psychological Wellbeing Programmes and Question and Answer sessions. These sessions will be by Microsoft Teams and you can either sign up through our website or just contact us to book in for a session.

If any of your colleagues are not already donating to the PTC then please make them aware of the campaign and encourage them to consider signing up.

### VIRTUAL INFORMATION SESSIONS:

07.09.2021 & 06.10.2021 - Tour of Castlebrae, Auchterarder Centre  
 08.09.2021 & 07.10.2021 - Tour of St Andrews, Harrogate Centre  
 15.09.2021 & 13.10.2021 - Physiotherapy Information Session  
 16.09.2021 & 14.10.2021 - Psychological Wellbeing Information Session  
 29.09.2021 & 26.10.2021 - Amnesty Update and Q&A Session

FIND OUT MORE: [www.thepolicetreatmentcentres.org/sign-up](http://www.thepolicetreatmentcentres.org/sign-up)



## Christmas Bake-Off Competition

Each Year the St. George's Police Children Trust runs a Christmas competition for all those children and young people who have been helped by the charity. This year our PTC chefs need your help in creating a new Christmas Bake to go on our festive menu.

We would like entrants to share with us their favourite festive bakes and recipes which will then be judged by our PTC Chefs who will then bake the winning entries.

We have two age categories, Under 16s and Over 16s, so anyone can enter. It can be a family bake that's been passed down through generations, or it can be a new creation using Christmas leftovers.

To enter just email the charity at [fundraising@thestgeorgespolicechildrentrust.org](mailto:fundraising@thestgeorgespolicechildrentrust.org) giving your name, age, why it is your favourite bake, and attaching the recipe and ingredient list, and a photo of the bake that you have made.

We look forward to testing out some of the recipes.

## Cycling Event Returns To Harrogate In 2022

Our annual cycling fundraiser, Back on the Beat, was one fundraising event hit by Covid 19 restrictions and in 2020 was unable to take place. It could have been the same story for this year, but in May 2021 the event went Virtual and managed to raise over £2,000.00 for the PTC.

In 2022 we hope to bring our BOTB cyclists back to Harrogate once again and to the roads of North Yorkshire! Next Years event will take place on

**14th May 2022**

We now more than ever need your support to help us continue to treat our Police Family Patients.



So dust off your bikes, squeeze into that lycra and register your interest now to take part in **Back on the Beat 2022** and lets make this the best year yet!



## B&B Bookings For 2022 Opening Soon

Since starting to offer hospitality at our centres, the PTC has welcomed more than 4,000 guests from the Police Family. Weekend Bed & Breakfast is available on selected weekends throughout the year at our two Centres in Harrogate, and Auchterarder, for all Police Family members. This includes Serving Officers, Retired Officers, Police Staff, and Federation Representatives. Since re-opening this year there has been a huge demand for our accommodation and most weekends for 2021 are now fully booked at Harrogate, with rooms still available at Auchterarder.

However, we are pleased to announce that from 25th October 2021 we will be accepting bookings for 2022. So if you want to take in the sights and delights of North Yorkshire, or rural Perthshire, then put the date in your diary and get your booking in quick. Please check our website for available weekends and to make your booking on-line.

[www.thepolicetreatmentcentres.org/hospitality-offers](http://www.thepolicetreatmentcentres.org/hospitality-offers)

